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Dear Valued Member,

The health, safety and well-being of our members and staff has always been and will remain our number one priority at Reclaim Fitness. Rest assured, we will continue to follow closely the potential spread of COVID-19 and continue to follow any guidance and/or suggestions that the CDC provides to the public.

To date, there have not been any COVID-19 cases reported in Will County. However, Reclaim Fitness has implemented additional cleaning procedures and awareness policies which include reinstating our individual towel service. We will continue to monitor the situation and keep our members informed in the weeks to follow.

We want to offer simple common sense steps we can all take to keep ourselves and communities healthy and safe. Of course, plenty of rest and a healthy diet is always a great way to help boost your immune system along with regular exercise. For best practice, remember to wash your hands regularly, avoid touching your face and eyes and please remember to wipe down your equipment before and after each use. Thank you for your individual cooperation and we look forward to seeing you soon.

In good health,

*Ray Grzesiak*

Founder RCF