



Dear Valued Member,

Acting in the best interest of our community, members, and staff, and at the directive of the Governor of the State of Illinois, we will be extending the closing of our health clubs until April 7th.

We will reopen on Wednesday, April 8th, at 5 am.

We really appreciate your understanding and patience while we collectively do what we can as a community to reduce the spread of this virus. It is our intent to fully support our staff during these exceptional and challenging times.

We will continue our efforts to maintain and disinfect our facilities while closed. Please stay tuned to Facebook, Instagram and our website for updates.

Also, please visit the following site for **Free Workouts** we have made available to you to support your fitness journey during this time:

<https://watch.lesmillsondemand.com/at-home-workouts>

If you are a SilverSneakers member, please enjoy the following free workouts available to you by visiting the following sites:

SilverSneakers GO APP: <https://tools.silversneakers.com/>

SilverSneakers On-Demand VIDEO ACCESS: <https://go.tivityhealth.com/hubfs/On-Demand%20Flyer.pdf>

Stay Healthy and we will see you soon!

In good health,
ReClaim Fitness