



Dear RCF Family,

We truly hope you are well and safe. Now that we are approaching the end of the shelter-in-place order, we want to encourage you to finish strong in your motivation to keep up your fitness aspirations at home!

Like many states and businesses, we are doing our best to stay informed of new developments as they happen. Our governor has extended the stay-at-home order through May. With that being said, we will now be opening June 1st. Also, billing will remain suspended through May. We can't wait to see you guys back in the clubs and enjoying getting fit!

Our maintenance team has been working everyday during our temporary closure. We've been practicing our new diligent daily cleaning regimen to ensure you come back to exceptionally clean clubs that have been sanitized and disinfected. We look forward to continuing that level of care once we are back open as well. ***We have also reinstated our personal towel service and have added individual sanitizer spray for each member to use while working out upon your return.***

Please stay tuned to Facebook, Instagram and our website for more updates. Please visit the following sites for **Free Workouts we have made available to you.**

<https://watch.lesmillsondemand.com/at-home-workouts>

TRIBE 2190 sessions via Facebook.  
(Go to Facebook and search TRIBE 2190.)

You also have FREE Piyo and Yoga Sculpt on Facebook.  
(Search Reclaim Fitness to access.)

If you are a SilverSneakers member, please enjoy the following free workouts available to you by clicking on the following links for additional details on [\*\*SilverSneakers GO\*\*](#) and [\*\*SilverSneakers On-Demand\*\*](#) video access.

We can't wait to see you at the clubs June 1st! Stay safe and healthy!

In good health,  
ReClaim Fitness